

Detox & Nurture

by the Sea

Private restorative wellness day retreat near Uvita



4 HOURS · ONE GUEST · PRIVATE EXPERIENCE

Make space for rest with restorative massage, bio-field tuning, a plant-based lunch, a molecular hydrogen session with an Axiom machine, and time by the ocean.

YOUR EXPERIENCE INCLUDES

- Restorative massage and bio-field tuning
- Plant-based lunch
- Molecular hydrogen session with an Axiom machine
- Time to rest and lounge by the ocean

\$400 for one guest

A personal day to slow down and rest

Prices in USD. Confirm current availability, final total, and booking terms with your hosts.

A thoughtful gift or a day to share

Forward this guide to someone you would love to bring, or ask us about arranging this experience as a gift. Your hosts will confirm availability and arrangements personally.

[VIEW EXPERIENCE & REQUEST A DATE](#)

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No overnight stay required. By appointment; directions shared after confirmation. The beach is public. Upstairs practice space requires stairs; the beach path is uneven. Tell us about access and dietary needs before booking.